

Using down time to get a step ahead

Helping your child recognise their skills and qualities

The next few weeks can be a fantastic time to help your child to reflect on what they might want for their future and to start to get their apprenticeship application ready. Many employers will ask candidates to provide examples of times when they have demonstrated a particular skill or quality.

Help your child to work through the list below and think about the examples that they could use.

Skills and qualities the employer might be looking for	What would you use as an example?
Communication skills	
IT skills	
Attention to detail	
Organisation skills	
Customer care skills	
Problem solving skills	
Presentation skills	
Administrative skills	
Number skills	
Analytical skills	
Being logical	
Team working	
Being creative	
Using initiative	
Non-judgemental	
Patience	